Blue Hand Wavespell Manik 8 - 20 Aug 2019

Wed 14 Aug Red Resonant Skywalker Inspiration



Can I explore within today to enter in resonance with life?

13 Questions **Embodied**

What can I choose wisely today that will help me to restore balance?

Tue 13 Aug Yellow **Rhythmic** Human Balance



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Thu 15 Aug White Galactic Wizard Integrity

How can I integrate body, mind, heart and soul to increase my self-esteem?

In which ways can I empower myself as I play and have fun?

Mon 12 Aug Blue Overtone Monkey **Empowerment**



Sun 11 Aug What shape do I want to White give to my relationships for Self-Existing Dog Form



How can I be of service by allowing myself to feel more and just be?

them to be healthy?

Sat 10 Aug Red Electric Moon **Bonding**



In which ways am I blocking my creativity or experience beauty as a challenge?

> What is my purpose for this Wavespell that will help me to feel healthier?

Fri 9 Aug Yellow Lunar Star Challenge



Thu 8 Aug Blue Magnetic Hand Purpose



start here Right



Blue Solar Eagle

Can I spread my wings and fly higher to pulse my intention forward?



Sat 17 Aug Yellow **Planetary** Warrior Manifestation

Am I ready to be fearless to manifest what I truly want?



Sun 18 Aug Red Spectral Earth Liberation

What do I want to release to feel more grounded and present?



Mon 19 Aug White Crystal Mirror Cooperation

Which healthy reflections of myself can I share with others today?



Giving closure to this Wavespell, what am I willing to transform to experience wellbeing?

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