



Wednesday

August 10

3 to 6 pm

\$75

Houston Yoga Ayurvedic  
Wellness Center LLC

13602 Kluge Rd  
Cypress, TX 77429

# CREATING A DREAMCATCHER

*Weaving our World into Being*

Awaken your inner artist while learning about this beautiful Native American sacred object and its symbolism. As you create your own Dreamcatcher, you will learn: the legend and meaning of the circle, web and feathers; how to infuse it with your intention; weaving as a meditation practice; and how to add beads and other elements.

*All Materials included \* No previous experience required \* 10 people max.*

Note: We plan to have the workshop outdoors to connect with Pachamama, Mother Earth, and explore the Center's beautiful gardens to find treasures from Nature as feathers, little sticks and dried leaves to weave into our Dreamcatchers. In case of rain, we will move indoors. Please bring your own pillow and blanket. Chairs will be available if needed.

Since this workshop is for a small group please  
rsvp in advance to [mariela@mayankin.com](mailto:mariela@mayankin.com)